

2011-2012 Aquatics Swim Schedule

Learn-to-Swim- Classes are designed to help participants of all ages. Learn-to-Swim is based on a six-level progression system allowing swimmers to develop their swimming, survival skills, along with water safety.

Parent and Child Swim- Parents and children learn together to increase child's comfort level in the water and build a foundation of basic skills. This level adds a fun twist to introducing water safety concepts. *6 months- 3 years*

Beginner Level- Children are taught basic water safety and survival skills. Focusing on gaining greater independence and comfort in and around water environments.
Ages 4-5

Level 1- Introduction to water skills

Level 2- Fundamental water skills

Level 3- Stroke development

Level 4- Stroke improvement

*New!!!!
Adult Swim Lessons
& Family Swim*

Monday	Time	Tuesday	Time	Friday	Time	Saturday	Time
Level 1,2	5:30pm-6:15pm	Adult Swim Lessons!	6:00pm-7:00pm	Level 1,2	5:30pm-6:15pm	Parent and Child	9:30am-10:00am
Level 3,4	5:30pm-6:15pm			Family Swim	6:30pm-8:30pm	Beginner/Preschool	10:15am-11:00am
						Levels 1,2,3,4	11:15am-12:00pm

“Highest quality at the LOWEST rates!”

Registration is Easy!!

- Stop into Girls Inc. at 125 Providence Street
Monday- Friday 9am-5:30pm
- Visit our Website to download registration form
- Must register for all classes in advance.

\$75 for 10 week session

Family swim drop in: \$10 for 1 parent & 2 children

\$5 per extra person

Children must be accompanied by an adult



All classes subject to change due to registration enrollment