

# *Girls Incorporated of Worcester*

## **Camp Kinneywood**

### CIT Agreement

*Dear Parent or Guardian,*

Congratulations! Your child has been accepted as Counselor-In-Training at Camp Kinneywood of Girls Inc. of Worcester. We look forward to working with you and your child by providing a fun and educational summer experience!

### **What is the CIT Program?**

It is a leadership-training program for youth 13-15 or going into 8-10 grades.

### **Structure and Participant Requirements:**

- CIT is designed to be a 2-3 year program consisting of 360 hours of training.
- Training consists of classroom work and activities as well as direct work with younger children. They will be evaluated on both levels.
- Once the 360 hours are completed and the participant maintained a **B+** or better throughout the CIT training, they will then be eligible to apply for a stipend position.
- Participants are evaluated and graded on knowledge and skills learned this is done by the CIT Director. A **B** average is required in order for a participant to progress in the program. The Camp Director will work with struggling participants on their grades. Participants are expected to inform their parents on their progress.

### **Training Components May Include:**

- Workshops and activities related to preventing risk taking behaviors, such as substance and alcohol abuse, conflict resolution skills, preventing adolescent pregnancy and sexually transmitted diseases. These topics may include content of a sensitive nature and parents may excuse their child from those segments with a written request.

### **Is the Counselor-In-Training Program For Your Child?**

- For youth ages 13-15, (must have finished 7<sup>th</sup> grade.)
- CIT is not for everyone. It should be used as an extension of camp.
- CIT is for youth who **like and want** to work with children.
- CIT is for youth who can accept responsibility and are **mature** enough to follow through with commitments and can act as positive role models.
- CIT is not for youth who prefer to take part in the activities rather than be in a leadership role.
- If your child is not sure they would like to be a CIT, please sign them up for the regular camp program instead. Once in the CIT program it is difficult to revert back to being a "camper."

### **Violations and Causes for Immediate Dismissal:**

As the following activities are not representative of positive role modeling and responsible behavior a participant engaged in one or any of these activities will be immediately dismissed from the program:

- In possession of cigarettes
- In possession of alcohol or any illegal substances on camp or the bus

- Engaging or initiating physical, verbal or sexual harassment and or abuse
- Persistent use of foul language and blatant insubordination
- Stealing

**Causes for Being Placed On Probation:**

- Persistent inappropriate behavior around children
- Poor attitude with campers and staff

***We ask that you help increase your child's success in this program by reinforcing positive behaviors and impressing upon them the importance of following procedures.***

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***Agreement:***

***CIT:*** As a participant in the CIT program I understand what is expected of me. I also understand that I have chosen of my own free will to participate in this program.

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CIT Signature

Date

***Parent:*** \*\* I understand what is expected of my child and that if he/she is not appropriate for the position of CIT, the camp director reserves the right to asked him/her to leave the program or continue on as a camper. By signing this permission slip, I agree that my child is entering into the Camp Kinneywood CIT program of their own free will.

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Parent Signature

Date

*Girls Incorporated of Worcester*

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CIT Agreement

Page 2

\*\* Please return the parent agreement form if you agree with the above-mentioned guidelines and after talking with your child about the expectations of the program.

If you have any questions regarding any of this information, please feel free to contact Phyllis at 508.755.6455 ext. 32 or Cell 508.414.4880 or Camp 508.752.8024 (seasonal).

Thanks for your continued support,

Phyllis H. Shea  
Camp Director

4/2/2010 DT/PS

2

3/27/2010